

Just because there are no markers and crayons available, that does not mean that creativity stops. There are many ways that you can be creative and express yourself without any materials at all. When you are traveling, or at the park, or when you just don't have the room to get out all your art supplies, you can do these activities to be creative, no matter where you are.

Art Outside

Even outside with no paint or markers, you can create beautiful pictures!

- Find a nice big open space of concrete, like a basketball court, and bring some paint brushes and a bucket of water. If you don't have any big paint brushes, you can experiment with using different leaves or palm fronds. Use the water like paint to create a design on the sidewalk. Experiment with splashing the water, dripping it, or any other way you can think of to create a unique design on the concrete. Wait a few minutes, depending on how sunny it is, and then you can try all over again.



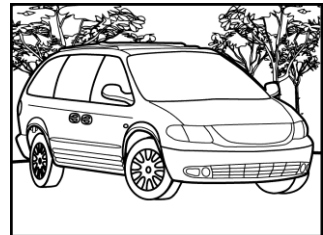
- You may have built sand castles before, but you can also use the sand to create really cool images. Find a patch of sand at the beach or at a park, and use your finger to draw a design in it. Try using different objects to draw, like sticks or even a sand shovel, to see what kinds of marks they make. You can experiment with different types of soils: does sand work the best, or does dirt work better? Does dry sand work best, or does sand that is a little moist work better because it sticks together?



Art in the Car

There are many different activities you can do to be creative during what might otherwise be long and boring car rides!

- Have another passenger in the car close their eyes, (if the only other passenger is the driver, they shouldn't close their eyes!) and use the tip of your finger to draw something on the back of their hand and arm. Start with easy pictures, like a tree, and then try something more difficult, like a bird. If the seatbelt permits, you can also try drawing on their back. Then ask them to guess what you are drawing. If they get it wrong, try drawing it again until they guess correctly.
- Think of somewhere you love to be, a favorite place to visit, or special place in your house. Then try and describe the place to other people in the car. Use only colors and shapes to describe it. If your favorite place were a barn, you could say "red square with a red triangle on top and a white rectangle with an x on the square." By using only descriptive words, the other people in the car will be able to see what you are describing. You can also use these words to describe food, many lots of other things.



Musical Creativity

You have probably seen many different musical instruments in your life, but you may not have known that your body is a really cool musical instrument.

- Listen to some music while in the car or out and about, and begin to tap your foot to the beat. What kind of sound does your foot make? Snap your fingers, or drum on your legs with your hands. Try drumming on different parts of your body to see what kinds of musical sounds it makes. When you have experimented with your musical body, try humming a song and creating the percussion using your hands and feet. No radio required!

